

## Calendar of Events

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August 29, 2018  
- September 5, 2018

**2018 Annual Membership Retreat - Whidbey Institute, Clinton, Washington**  
**Whidbey Institute**  
**6449 Old Pietila Rd**  
**Clinton, WA 97290**  
08:00 AM - 10:00 PM

*2018 Membership Retreat*

*Join us August 30 - September 5, 2018*

*Located at The Whidbey Institute on beautiful Whidbey Island, WA*

*The Whidbey Institute offers spaces and experiences that inspire. Their 100-acre woodland campus, integrated gardens and forest ecosystem, four mile public-access trail network, and comfortable facilities invite nature connection and serve an engaged community. The land is home to a woodland sanctuary, a labyrinth, two residential-style homes, locally designed and built cabins, and more. Meals are lovingly prepared by a professional chef, using fresh, organic, grown-on-site ingredients whenever possible.*

*Package Options and Prices*

*We are offering three different packages, each with multiple options for accommodations:*

*Member Meeting Only Packages from \$95 - \$310 (Friday Dinner - Sunday Breakfast)*

*Member Meeting and Workshop Packages from \$890 - \$1,305 (Friday Dinner - Wednesday Breakfast OR Friday Dinner - Tuesday Breakfast) ~Includes cost of Workshop~*

*Workshop Only Packages from \$795 - \$1,010 (Sun breakfast - Wednesday breakfast OR Sunday breakfast - Tuesday dinner) ~Includes cost of Workshop~*

*Registration Deadline August 10, 2018*

*To see all Package Options and Prices in detail, go to RISI Membership Announcements, 2018 Membership Retreat*

*Presentations:*

*Transforming Pattern:  
Shifting from Unaware Habit to Conscious Choice  
(Heather Starsong and Gael Rosewood)*

*Behind Dr. Rolf's practical vision of balance, awareness, and resilience for our physical bodies, was a larger vision for humanity, and an inquiry: could shifting obstructive patterns in our bodies allow us to move away from habits of warring, territoriality, and greed to become more heart-centered beings?*

*In this workshop we will explore, for ourselves and our clients, ways to uncover habitual patterns, in all their layers, that keep us from embodying this larger vision, and ways to use the tools of Rolf Movement to shift those patterns.*

*Embodiment Applied:  
Using Movement Principles to Supercharge Structural Work  
(Bethany Ward)*

*In daily practice, we tend to view movement work in terms of client education. We know that working with perception and coordination helps our structural interventions go more easily, work more deeply, and improve the odds that changes will last. But how is your own embodiment during sessions? Are you successfully applying movement concepts in your own structure while working with clients?*

*In this practical presentation, we flip the functional focus back on ourselves and discuss specific ways we practitioners can work with our own experience to supercharge the work. We'll take a practical look at common movement concepts and explore ways to apply them to improve our spectrum and quality of touch; our presence and the unspoken message it speaks to the client; and our own self-care.*

*Workshop with Peter Schwind, Ph.D.*

*Sunday, September 2 – Tuesday, September 4 (Tuesday overnight stay available)*

*Inner Spaces of the System of Fascia and Membranes*

*Daily schedule as follows:*

*Breakfast 8:00 a.m. - 9:00 a.m.*

*Meeting 9:00 a.m. - 5:00 p.m.*

*Dinner 6:00 p.m.*

*In this workshop, we will study how to combine our traditional body-reading with new ways of manual diagnostics. This shall help us to understand how the inner junctions of the cavities inside the trunk are rooted in three-dimensional relationships of fascia and membranes. Special emphasis will be given to the way spinal curvatures meet each other and how the subdivisions of the inner spaces of thorax, abdomen and pelvis are related.*

*The first practical part will focus on new techniques applied to the psoas. We will explore how the psoas can be activated by a manual approach that distinguishes clearly between restrictions of Psoas major, Psoas minor, renal fascia, motion capacity of the kidneys, and the density of the supportive fat inside the retroperitoneal space. We will include some functional movement work for this area, including training for the M.transversus abdominis.*

*The second practical part deals with the interaction of the retrosternal structures inside the thorax and the structures inferior to the diaphragm. We will learn how we can treat the patterns of breathing related to the myofascial container and the contents, including the organs.*

*The third practical part will guide us to a new understanding of the traditional 7th hour of Ida Rolf. We will discuss and explore the inner relationship between neurocranium and viscerocranium and explore a modality of doing intraoral and intranasal work in a non-dramatic way. We will put special emphasis on the manual evaluation of the inner bridges at the level of the two maxillae and their very special light weight construction. This shall lead us to a clear strategy to handle simple and complex TMJ problems.*

*The learning objectives of this workshop are:*

*a better understanding of a combined way of body-reading and manual diagnostics*

*a detailed structural and functional approach to the psoas and a combined structural and functional approach to the psoas and its neighbors*

*a practical understanding of the spacious relationships inside the cranium and their interaction with the ventral part of the neck and with the cavities inside the trunk*

*Agenda*

*BOARD OF DIRECTOR'S MEETING*

*Thursday-Friday, August 30-31, 2018*

*Open Meeting ~ Members Welcomed?*

*Daily schedule as follows:*

*9:00 a.m. - 5:00 p.m.*

*Please RSVP Colette Cole if you plan to attend the Board Meeting*

*MEMBERSHIP MEETING*

*Saturday, September 1, 2018*

*Free ~ Donations Welcome*

*7:00-8:00 a.m.*

*Breakfast*

*8:30-9:00 a.m.*

*Meeting & Greet Welcome*

*9:30-10:00 a.m.*

*New RISI video on Rolf Movement*

10:00 a.m. - 12:00 p.m.

*Rolf Movement® Workshop*  
*Transforming Pattern: Shifting from Unaware Habit to Conscious Choice - with*  
*Heather Starsong & Gael Rosewood*

12:00-1:30 p.m.

*Lunch*

1:30-2:00 p.m.

*Board of Director's Panel*

2:00-2:30 p.m.

*Rich Ennis, Board President Discussion*

2:30-3:30 p.m.

*Christina Howe, Executive Director*

3:30-5:00 p.m.

*Rolf Movement® Workshop*  
*Embodiment Applied: Using Movement Principles to Supercharge Structural Work -*  
*with Bethany Ward*

6:00 p.m.

*Dinner*

7:00 p.m.

*Party in the Evening*

*Getting there follow these links*

*Driving • Airport, Bike, Transit*

*For further details about what to expect at check out the Whidbey Institute website.*

May 28, 2018

**UC3.18 Phase III**

Admissions, 303-449-5903

admissions@rolf.org

*Phase III - UC3.18*

*Dates: May 28 – July 20, 2018*

*Instructor(s): Kevin McCoy*

June 1, 2018

**CE15.18 Cervical and Cranial Interrelationships**

**Yo San University**

**13315 W. Washington Blvd.**

**Los Angeles, CA 90066**

Bruce Schonfeld, 310-395-3555

bruce@advancedrolfing.com

*Dates/Times:*

*June 1-3, 2018*

*Course Number:*

*CE15.18*

*Instructor(s):*

*Jan Sultan & Bruce Schonfeld*

*Cost:*

*\$795*

*Early Registration of 60 days in advance is \$695.*

*+ \$30 administrative fee*

*CE Credits:*

*3 Required Intermediate Credits*

*Class Info:*

*Bruce Schonfeld 310-395-3555*

*bruce@advancedrolfing.com*



June 7, 2018

**CE13.18 Explorations in Wholeness - From Bones to Fluids Module 1**  
**2305 Oranewood Drive, Suite 106**  
**Durham, NC**  
Thomas Walker, 970-870-2888  
info@listeninghandsseminars.com

*Dates/Times:*

*June 7-10, 2018*  
*8:30 am to 5:30 pm*

*Course Number:*

*CE13.18*

*Instructor(s):*

*Thomas Walker & Gale Loveitt*

*Cost:*

*\$625 + \$30 administrative fee*

*CE Credits:*

*4 Elective Credits*

*Class Info:*

*Thomas Walker*  
*www.listeninghandsseminars.com*  
*info@listeninghandsseminars.com*  
*970-870-2888*

June 13, 2018

**CE16.18 The Volumetric Thorax**  
**Camp Mokuleia on Oahu**  
**68-729 Farrington Hwy**  
**Waialua, HI 96791**  
Terri Keppinger , 808-769-2097  
zeropointembodiment@gmail.com

*Dates/Times:*

*June 13, 2018 6:00 to 7:30 pm*  
*June 14-16 8:30 am to 5:30 pm*  
*June 17 9:00 am to 4:30 pm*

*Instructor(s):*

*Juan David Velez*  
*with guest, Sally Klemm*

*Cost:*

*\$600 through May 18, 2018*  
*\$675 after that*  
*+ \$30 administrative fee*

*CE Credits:*

*4 Required Intermediate Credits*

*Class Info:*

*Terri Keppinger*  
*zeropointembodiment@gmail.com*  
*808-769-2097*

July 16, 2018

**UC5.18 Phase III**

Admissions, 303-449-5903

admissions@rolf.org

*Phase III - UC5.18*

*Dates: July 16 – September 7, 2018*

*Instructor(s): Sally Klemm*

July 16, 2018

**Advanced Training**

**Fort Langley Lions Seniors Hall**

**23022 - 88th Ave**

**Fort Langley, Br**

Rolfing Association of Canada,

info@rolfingcanada.org

*Dates/Times:*

*Phase 1 (3 weeks; Mon - Thu):*

*July 16-19, 2018*

*July 23-26, 2018*

*July 30 – Aug 2, 2018*

*Phase 2 (3 weeks; Mon - Thu):*

*Sept 17-20, 2018*

*Sept 24-27, 2018*

*Oct 1-4, 2018*

*Time: 9am-5pm*

*Instructor(s):*

*Jan Sultan*

*Cost:*

*\$6000 CAD. Early bird price of \$5800 CAD until April 15th, 2018.*

*Contact:*

*Contact the Rolfing Association of Canada*

July 30, 2018

**UB3.18 Phase II**

Admissions, 303-449-5903

admissions@rolf.org

*Phase II - UB3.18*

*Dates: July 30 – September 20, 2018*

*Instructor(s): TBA*

August 3, 2018

**CE17.18 Integrative Strategies for Structural Integration: Shoulder and Pelvic Girdles**

**Helena Community Yoga**

Jonathan Martine, 720-226-1508

jonathanmartine@me.com

*Dates/Times:*

*August 3-7, 2018*

*9:00am - 5:30pm*

*Course Number:*

*CE17.18*

*Instructor(s):*

*Jonathan Martine & Lisa Fairman*

*Cost:*

*\$950*

*or \$900 early registration paid in full before July 3,2018.*

*+ \$30 administrative fee*

*CE Credits:*

*3 CE Intermediate and 2 Rolf Movement Credits*

*Class Info:*

*Contact Lisa Fairman lisalemur@yahoo.com for local information and housing options.*

*Contact Lisa or Jon Martine jonathanmartine@me.com for class information.*

August 9, 2018

**CE14.18 Explorations in Wholeness - From Bones to Fluids Module 1**  
**HOLY WISDOM MONASTERY**  
**4200 COUNTY ROAD M**  
**MADISON, WI**  
Thomas Walker, 970-870-2888  
info@listeninghandsseminars.com

*Dates/Times:*

*August 9-12, 2018*  
*8:30 am to 5:30 pm*

*Course Number:*

*CE14.18*

*Instructor(s):*

*Thomas Walker & Gale Loveitt*

*Cost:*

*\$625 + \$30 administrative fee*

*CE Credits:*

*4 Elective Credits*

*Class Info:*

*Thomas Walker*  
*www.listeninghandsseminars.com*  
*info@listeninghandsseminars.com*  
*970-870-2888*

August 20, 2018

**UA4.18 Phase I**

Admissions, 303-449-5903

admissions@rolf.org

*Phase I - UA4.18*

*Dates: August 20 – October 1, 2018*

*Coordinator(s): Meg Mauer & Adam Mentzell*

September 14, 2018

**The Gesture of Traumatic Response (Bodywork/Trauma work) Parts 1&2: Envisioning Trauma**

Kristen Kuester, (505) 989-7529

kuester@cybermesa.com

*Dates/Times:*

*Part 1: May 18-20, 2018*

*Part 2: September 14-16, 2018*

*9am – 6pm*

*Instructor(s):*

*Kristen Kuester*

*Cost:*

*\$475 per part*

*CE Credits:*

*3 Elective credits per part*

*To Register:*

*Please contact Kristen Kuester*

September 17, 2018

**UC4.18 Phase III**

Admissions, 303-449-5903

admissions@rolf.org

*Phase III - UC4.18*

*Dates: September 17 – November 9, 2018*

*Instructor(s): Neal Anderson*

October 1, 2018

**AT1.18 Advanced Training**

Aline Wachsmuth,

aline.wachsmuth@gmail.com

*Dates/Times:*

*Phase I – October 1-18 , 2018*

*Phase II – January 21 – February 7*

*Instructor(s):*

*Tessy Brungardt & Valerie Berg*

*Cost:*

*\$6,250 + \$35 fees*



October 19, 2018

**The Upper Thoracic Aperture**

Rolfing Association of Canada,  
info@rolfingcanada.org

*Dates/Times:*

*October 19-21, 2018*

*Instructor(s):*

*Juan David Velez*

*Cost:*

*\$480 before September 19, 2018  
\$525 after that*

*CE Credits:*

*3 Required Intermediate Credits*

*Class Info:*

*Charlene Yeh*

*For non-Canadians, please contact Juan David Velez directly for information on registration.*

October 22, 2018

**UA5.18 Phase I**

Admissions, 303-449-5903

admissions@rolf.org

*Phase I - UA5.18*

*Dates: October 22 – December 10, 2018*

*Coordinator(s): Meg Mauer & Adam Mentzell*

October 27, 2018

**AT2.18 Advanced Training**

**The Rolf Institute**  
**5055 Chaparral Ct.**  
**Boulder, CO 80301**

Admissions, 303-449-5903  
admissions@rolf.org

*Dates/Times:*

*Phase I – October 27 – November 4, 2018*

*Phase II – February 23 – March 3, 2019*

*Phase III – June 22-30, 2019*

*Instructor(s):*

*Pedro Prado & Sally Klemm*

*Cost:*

*\$6,250 + \$35 fees*

January 7, 2019

**UC1.19 Phase III**

Admissions, 303-449-5903  
admissions@rolf.org

*Phase III - UC1.19*

*Dates: January 7 – March 1, 2019*

*Instructor(s): TBA*

January 7, 2019

**UA1.19 Phase I**

Admissions, 303-449-5903  
admissions@rolf.org

*Phase I - UA1.19*

*Dates: January 7 – February 18, 2019*

*Coordinator(s): Meg Mauer & Adam Mentzell*

January 7, 2019

**UB1.19 Phase II**

Admissions, 303-449-5903  
admissions@rolf.org

*Phase II - UB1.19*

*Dates: January 7 – February 28, 2019*

*Instructor(s): TBA*

January 21, 2019

**AT1.18 Advanced Training**

Aline Wachsmuth,  
aline.wachsmuth@gmail.com

*Dates/Times:*

*Phase I – October 1-18 , 2018*

*Phase II – January 21 – February 7*

*Instructor(s):*

*Tessy Brungardt & Valerie Berg*

*Cost:*

*\$6,250 + \$35 fees*

February 23, 2019

**AT2.18 Advanced Training**

**The Rolf Institute  
5055 Chaparral Ct.  
Boulder, CO 80301**

Admissions, 303-449-5903  
admissions@rolf.org

*Dates/Times:*

*Phase I – October 27 – November 4, 2018*

*Phase II – February 23 – March 3, 2019*

*Phase III – June 22-30, 2019*

*Instructor(s):*

*Pedro Prado & Sally Klemm*

*Cost:*

*\$6,250 + \$35 fees*

March 4, 2019

**UB2.19 Phase II**

Admissions, 303-449-5903  
admissions@rolf.org

*Phase II - UB2.19*

*Dates: March 4 – April 25, 2019*

*Instructor(s): TBA*

March 18, 2019

**UA2.19 Phase I**

Admissions, 303-449-5903  
admissions@rolf.org

*Phase I - UA2.19*

*Dates: March 18 – April 29, 2019*

*Coordinator(s): Meg Mauer & Adam Mentzell*

May 6, 2019

**UB3.19 Phase II**

Admissions, 303-449-5903  
admissions@rolf.org

*Phase II - UB3.19*

*Dates: May 6 – June 27, 2019*

*Instructor(s): TBA*

May 27, 2019

**UC3.19 Phase III**

Admissions, 303-449-5903

admissions@rolf.org

*Phase III - UC3.19*

*Dates: May 27 – July 19, 2019*

*Instructor(s): TBA*

June 22, 2019

**AT2.18 Advanced Training**

**The Rolf Institute**

**5055 Chaparral Ct.**

**Boulder, CO 80301**

Admissions, 303-449-5903

admissions@rolf.org

*Dates/Times:*

*Phase I – October 27 – November 4, 2018*

*Phase II – February 23 – March 3, 2019*

*Phase III – June 22-30, 2019*

*Instructor(s):*

*Pedro Prado & Sally Klemm*

*Cost:*

*\$6,250 + \$35 fees*

July 15, 2019

**UC4.19 Phase III**

Admissions, 303-449-5903

admissions@rolf.org

*Phase III - UC4.19*

*Dates: July 15 – September 6, 2019*

*Instructor(s): TBA*

July 22, 2019

**UB4.19 Phase II**

Admissions, 303-449-5903

admissions@rolf.org

*Phase II - UB4.19*

*Dates: July 22 – September 12, 2019*

*Instructor(s): TBA*

August 6, 2019

**UAF1.19-VT Regional Basic Rolfing + Rolf Movement Certification Program**

Admissions,  
admissions@rolf.org

*This is a post-graduate regional training for career professionals with a licence or extensive training in complementary therapies. Taught in a modular format, the program is completed in 18-24 months.*

*Program Starts*

*Program Ends*

*August 6, 2019*

*August 14, 2021*

*See full decription for exact dates of program.*

*Instructor(s): Duffy Allen & Kevin Frank*

*Location: Middlebury and/or Burlington, VT*

*Note: This is a dual certification. Graduates will be both a Certified Rolfer™ and Rolf Movement® Practitioner.*

September 30, 2019

**UC5.19 Phase III**

Admissions, 303-449-5903

admissions@rolf.org

*Phase III - UC5.19*

*Dates: September 30 – November 22, 2019*

*Instructor(s): TBA*