

Calendar of Events

August 20, 2018

UA4.18 Phase I

Admissions, 303-449-5903

admissions@rolf.org

Phase I - UA4.18

Dates: August 20 – October 1, 2018

Coordinator(s): Meg Maurer & Adam Mentzell

August 23, 2018

CE18.18 Integrative Strategies for Structural Integration: Neural Fascial Mobilization for Shoulders

Sophia Retreat Center

Jonathan Martine, 720-226-1508

jonathanmartine@me.com

Dates/Times:

August 23-26, 2018

9:30 am-5:30 pm

Course Number:

CE18.18

Instructor(s):

Jonathan Martine

Cost:

\$800

or discounted to \$750 for early registration paid in full 30 days prior to class.

+ \$30 administrative fee

CE Credits:

4 CE Intermediate

Class Info:

Jon Martine jonathanmartine@me.com for class information.

August 29, 2018
- September 5, 2018

2018 Annual Membership Retreat - Whidbey Institute, Clinton, Washington
Whidbey Institute
6449 Old Pietila Rd
Clinton, WA 97290
08:00 AM - 10:00 PM MST

2018 Membership Retreat

Join us August 30 - September 5, 2018

Located at The Whidbey Institute on beautiful Whidbey Island, WA

The Whidbey Institute offers spaces and experiences that inspire. Their 100-acre woodland campus, integrated gardens and forest ecosystem, four mile public-access trail network, and comfortable facilities invite nature connection and serve an engaged community. The land is home to a woodland sanctuary, a labyrinth, two residential-style homes, locally designed and built cabins, and more. Meals are lovingly prepared by a professional chef, using fresh, organic, grown-on-site ingredients whenever possible.

Package Options and Prices

We are offering three different packages, each with multiple options for accommodations:

Member Meeting Only Packages from \$95 - \$310 (Friday Dinner - Sunday Breakfast)

Member Meeting and Workshop Packages from \$890 - \$1,305 (Friday Dinner - Wednesday Breakfast OR Friday Dinner - Tuesday Breakfast) ~Includes cost of Workshop~

Workshop Only Packages from \$795 - \$1,010 (Sun breakfast - Wednesday breakfast OR Sunday breakfast - Tuesday dinner) ~Includes cost of Workshop~

Registration Deadline August 10, 2018

To see all Package Options and Prices in detail, go to RISI Membership Announcements, 2018 Membership Retreat

Presentations:

*Transforming Pattern:
Shifting from Unaware Habit to Conscious Choice
(Heather Starsong and Gael Rosewood)*

Behind Dr. Rolf's practical vision of balance, awareness, and resilience for our physical bodies, was a larger vision for humanity, and an inquiry: could shifting obstructive patterns in our bodies allow us to move away from habits of warring, territoriality, and greed to become more heart-centered beings?

In this workshop we will explore, for ourselves and our clients, ways to uncover habitual patterns, in all their layers, that keep us from embodying this larger vision, and ways to use the tools of Rolf Movement to shift those patterns.

*Embodiment Applied:
Using Movement Principles to Supercharge Structural Work
(Bethany Ward)*

In daily practice, we tend to view movement work in terms of client education. We know that working with perception and coordination helps our structural interventions go more easily, work more deeply, and improve the odds that changes will last. But how is your own embodiment during sessions? Are you successfully applying movement concepts in your own structure while working with clients?

In this practical presentation, we flip the functional focus back on ourselves and discuss specific ways we practitioners can work with our own experience to supercharge the work. We'll take a practical look at common movement concepts and explore ways to apply them to improve our spectrum and quality of touch; our presence and the unspoken message it speaks to the client; and our own self-care.

Workshop with Peter Schwind, Ph.D.

Sunday, September 2 – Tuesday, September 4 (Tuesday overnight stay available)

Inner Spaces of the System of Fascia and Membranes

Daily schedule as follows:

Breakfast 8:00 a.m. - 9:00 a.m.

Meeting 9:00 a.m. - 5:00 p.m.

Dinner 6:00 p.m.

In this workshop, we will study how to combine our traditional body-reading with new ways of manual diagnostics. This shall help us to understand how the inner junctions of the cavities inside the trunk are rooted in three-dimensional relationships of fascia and membranes. Special emphasis will be given to the way spinal curvatures meet each other and how the subdivisions of the inner spaces of thorax, abdomen and pelvis are related.

The first practical part will focus on new techniques applied to the psoas. We will explore how the psoas can be activated by a manual approach that distinguishes clearly between restrictions of Psoas major, Psoas minor, renal fascia, motion capacity of the kidneys, and the density of the supportive fat inside the retroperitoneal space. We will include some functional movement work for this area, including training for the M.transversus abdominis.

The second practical part deals with the interaction of the retrosternal structures inside the thorax and the structures inferior to the diaphragm. We will learn how we can treat the patterns of breathing related to the myofascial container and the contents, including the organs.

The third practical part will guide us to a new understanding of the traditional 7th hour of Ida Rolf. We will discuss and explore the inner relationship between neurocranium and viscerocranium and explore a modality of doing intraoral and intranasal work in a non-dramatic way. We will put special emphasis on the manual evaluation of the inner bridges at the level of the two maxillae and their very special light weight construction. This shall lead us to a clear strategy to handle simple and complex TMJ problems.

The learning objectives of this workshop are:

a better understanding of a combined way of body-reading and manual diagnostics

a detailed structural and functional approach to the psoas and a combined structural and functional approach to the psoas and its neighbors

a practical understanding of the spacious relationships inside the cranium and their interaction with the ventral part of the neck and with the cavities inside the trunk

Agenda

BOARD OF DIRECTOR'S MEETING

Thursday-Friday, August 30-31, 2018

Open Meeting ~ Members Welcomed?

Daily schedule as follows:

9:00 a.m. - 5:00 p.m.

Please RSVP Colette Cole if you plan to attend the Board Meeting

MEMBERSHIP MEETING

Saturday, September 1, 2018

Free ~ Donations Welcome

7:00-8:00 a.m.

Breakfast

8:30-9:00 a.m.

Meeting & Greet Welcome

9:30-10:00 a.m.

New RISI video on Rolf Movement

10:00 a.m. - 12:00 p.m.

Rolf Movement® Workshop
Transforming Pattern: Shifting from Unaware Habit to Conscious Choice - with
Heather Starsong & Gael Rosewood

12:00-1:30 p.m.

Lunch

1:30-2:00 p.m.

Board of Director's Panel

2:00-2:30 p.m.

Rich Ennis, Board President Discussion

2:30-3:30 p.m.

Christina Howe, Executive Director

3:30-5:00 p.m.

Rolf Movement® Workshop
Embodiment Applied: Using Movement Principles to Supercharge Structural Work -
with Bethany Ward

6:00 p.m.

Dinner

7:00 p.m.

Party in the Evening

Getting there follow these links

Driving • Airport, Bike, Transit

For further details about what to expect at check out the Whidbey Institute website.

September 14, 2018

The Gesture of Traumatic Response (Bodywork/Trauma work) Parts 1&2: Envisioning Trauma

Kristen Kuester, (505) 989-7529

kuester@cybermesa.com

Dates/Times:

Part 1: September 14-16, 2018

Part 2: TBD in 2019

9am – 6pm

Instructor(s):

Kristen Kuester

Cost:

\$475 per part

CE Credits:

3 Elective credits per part

To Register:

Please contact Kristen Kuester

September 17, 2018

UC4.18 Phase III

Admissions, 303-449-5903

admissions@rolf.org

Phase III - UC4.18

Dates: September 17 – November 9, 2018

Instructor(s): Neal Anderson

September 20, 2018

RMW4.18 Grounding, Sequencing, Orienting in the Tens Series and Beyond
Staybridge Suites
2916 Hardrock Road
Fitchburg, WI 53719
Patrice Naparstek,
panaparstek@gmail.com

Dates/Times:

September 20-24, 2018

Course Number:

RMW4.18

Instructor(s):

Patrice A Naparstek

Cost:

\$750 + \$30 administrative fee

CE Credits:

5 Rolf Movement Credits

Class Info:

Please contact Patrice for information regarding housing.

October 2, 2018

RMW3.18 Spinal Therapeutics: A Systems Approach to Vitality and Personal Agency
Rosie Bareis Community Campus
1010 NW 14th
Street Bend, OR 97703
Jonathan Martine, 720-226-1508
jonathanmartine@me.com

Dates/Times:

October 2-5, 2018

Course Number:

RMW3.18

Instructor(s):

Jonathan Martine & Suzanne Picard

Cost:

\$795
or early registration paid in full 30 days prior to class \$750.
+ \$30 administrative fee

CE Credits:

1 Required Intermediate and 3 Rolf Movement Credits

Class Info:

Dorothy Miller 541-350-8160 or dorothy@rolfingconnections.com

October 12, 2018

Certification Exam for Structural Integrators- IASI

The Rolf Institute

5055 Chaparral Court, Suite 103

Boulder, Co 80301

09:00 AM - 12:00 PM MST

Mary Contreras or Samantha Sherwin, 303-449-5903

mcontreras@rolf.org, ssherwin@rolf.org

Dates/Times:

October 12, 2018

9:00am - 12:00pm

Proctor:

Mary Contreras

Cost:

Please visit the IASI website for details

Contact:

Mary Contreras or Samantha Sherwin

The Rolf Institute

303-449-5903

October 19, 2018

The Upper Thoracic Aperture

Rolfing Association of Canada,
info@rolfingcanada.org

Dates/Times:

October 19-21, 2018

Instructor(s):

Juan David Velez

Cost:

*\$480 before September 19, 2018
\$525 after that*

CE Credits:

3 Required Intermediate Credits

Class Info:

Charlene Yeh

For non-Canadians, please contact Juan David Velez directly for information on registration.

October 22, 2018

UA5.18 Phase I

Admissions, 303-449-5903

admissions@rolf.org

Phase I - UA5.18

Dates: October 22 – December 10, 2018

Coordinator(s): Meg Mauer & Adam Mentzell

October 26, 2018

Low Back Pain in Structural Integration The Lumbar/Pelvic Algorithm

NW Dance Project

211 NE 10th Ave.,

Portland, OR

John deMahy,

structuralalgorithms@gmail.com

Dates/Times:

October 26-28, 2018

9:00 am to 5:30 pm

Instructor(s):

John deMahy RN, DOMPT, Certified Advance Rolfer®

Cost:

\$795 / 645 if paid before September 2, 2018

CE Credits:

3 Elective credits per part

To Register:

Daniel Akins

dan@simplicitysi.com

October 27, 2018

AT2.18 Advanced Training

**The Rolf Institute
5055 Chaparral Ct.
Boulder, CO 80301**

Admissions, 303-449-5903
admissions@rolf.org

Dates/Times:

Phase I – October 27 – November 4, 2018

Phase II – February 23 – March 3, 2019

Phase III – June 22-30, 2019

Instructor(s):

Pedro Prado & Sally Klemm

Cost:

\$6,250 + \$35 fees

January 7, 2019

UC1.19 Phase III

Admissions, 303-449-5903
admissions@rolf.org

Phase III - UC1.19

Dates: January 7 – March 1, 2019

Instructor(s): Ray McCall

January 7, 2019

UA1.19 Phase I

Admissions, 303-449-5903
admissions@rolf.org

Phase I - UA1.19

Dates: January 7 – February 18, 2019

Coordinator(s): TBA

January 7, 2019

UB1.19 Phase II

Admissions, 303-449-5903
admissions@rolf.org

Phase II - UB1.19

Dates: January 7 – February 28, 2019

Instructor(s): Juan David Velez

February 23, 2019

AT2.18 Advanced Training

The Rolf Institute
5055 Chaparral Ct.
Boulder, CO 80301
Admissions, 303-449-5903
admissions@rolf.org

Dates/Times:

Phase I – October 27 – November 4, 2018

Phase II – February 23 – March 3, 2019

Phase III – June 22-30, 2019

Instructor(s):

Pedro Prado & Sally Klemm

Cost:

\$6,250 + \$35 fees

February 25, 2019

UB2.19 Phase II

Admissions, 303-449-5903
admissions@rolf.org

Phase II - UB2.19

Dates: February 25 – April 18, 2019

Instructor(s): Lisa Fairman

March 8, 2019

RMW1.19 Spirals in Motion
Camp Homelani on O'ahu
68 - 243 Oloho St
Waialua, HI 96791
08:30 AM - 05:30 PM HAW
Terri Keppinger, 808-769-2097
zeropointembodiment@gmail.com

Dates/Times:

March 8-10, 2019

Course Number:

RMW1.19

Instructor(s):

Rebecca Carli-Mills & Sally Klemm

Cost:

*\$500 or early registration by February 1, 2019 \$450.
+ \$30 administrative fee*

CE Credits:

3 Rolf Movement Credits

Class Info:

Please contact Terri Keppinger for information regarding housing.

March 11, 2019

UB3.19 Phase II

Admissions, 303-449-5903

admissions@rolf.org

Phase II - UB3.19

Dates: March 11 – May 2, 2019

Instructor(s): Bethany Ward & Russell Stolzoff

March 25, 2019

UC3.19 Phase III

Admissions, 303-449-5903

admissions@rolf.org

Phase III - UC3.19

Dates: March 25 – May 17, 2019

Instructor(s): Neal Anderson

May 6, 2019

UA2.19 Phase I

Admissions, 303-449-5903

admissions@rolf.org

Phase I - UA2.19

Dates: May 6 – June 17, 2019

Instructor(s): TBA

May 6, 2019

- May 24, 2019

AT1.19 Advanced Training

Admission, 3034495903

admissions@rolf.org

Dates/Times:

Phase I – May 6-24, 2019

Phase II – September 9-20, 2019

Instructor(s):

Ray McCall & Carol Agneessens

Cost:

\$6,500 + \$50 fees

May 27, 2019

UC5.19 Phase III

Admissions, 303-449-5903

admissions@rolf.org

Phase III - UC5.19

Dates: May 27 – July 19, 2019

Instructor(s): Ray McCall

June 22, 2019

AT2.18 Advanced Training

The Rolf Institute

5055 Chaparral Ct.

Boulder, CO 80301

Admissions, 303-449-5903

admissions@rolf.org

Dates/Times:

Phase I – October 27 – November 4, 2018

Phase II – February 23 – March 3, 2019

Phase III – June 22-30, 2019

Instructor(s):

Pedro Prado & Sally Klemm

Cost:

\$6,250 + \$35 fees

July 8, 2019

UB4.19 Phase II

Admissions, 303-449-5903

admissions@rolf.org

Phase II - UB4.19

Dates: July 8– August 29, 2019

Instructor(s): Larry Koliha

July 15, 2019

UC4.19 Phase III

Admissions, 303-449-5903

admissions@rolf.org

Phase III - UC4.19

Dates: July 15 – September 6, 2019

Instructor(s): Kevin McCoy

August 6, 2019

UAF1.19-VT Regional Basic Rolfing + Rolf Movement Certification Program

Admissions,
admissions@rolf.org

This is a post-graduate regional training for career professionals with a licence or extensive training in complementary therapies. Taught in a modular format, the program is completed in 18-24 months.

Program Starts

Program Ends

August 6, 2019

August 14, 2021

See full decription for exact dates of program.

Instructor(s): Duffy Allen & Kevin Frank

Location: Middlebury and/or Burlington, VT

Note: This is a dual certification. Graduates will be both a Certified Rolfer™ and Rolf Movement® Practitioner.

August 19, 2019

UA3.19- Phase I

Admissions, 303-449-5903

admissions@rolf.org

Phase I - UA3.19

Dates: August 19 – September 30, 2019

Coordinator(s): TBA

September 9, 2019
- September 20, 2019

AT1.19 Advanced Training

Admission, 3034495903
admissions@rolf.org

Dates/Times:

Phase I – May 6-24, 2019
Phase II – September 9-20, 2019

Instructor(s):

Ray McCall & Carol Agneessens

Cost:

\$6,500 + \$50 fees

September 23, 2019

UC6.19 Phase III

Admissions, 303-449-5903
admissions@rolf.org

Phase III - UC6.19

Dates: September 23 – November 15, 2019

Instructor(s): TBA

October 21, 2019

UB5.19- Phase II

Admissions, 303-449-5903
admissions@rolf.org

Phase II - UB5.19

Dates: October 21 – December 19, 2019

Coordinator(s): Neal Anderson

January 13, 2020

UC1.20- Phase III

Admissions, 303-449-5903
admissions@rolf.org

Phase III - UC1.20

Dates: January 13 – March 6, 2020

Coordinator(s): TBA