

Calendar of Events

November 4, 2024
- April 17, 2025

AT1.24 Advanced Training
Dr. Ida Rolf Institute
5055 Chaparral Court
Boulder, CO 80301
08:30 AM - 04:30 PM MST
Mary Contreras, 3034495903
mcontreras@rolf.org

Dates/Times:

Part 1 / November 4, 2024 - November 21, 2024
(off 11/8-11/10 and 11/15-11/17)

Part 2 / March 31, 2025 - April 17, 2025
(off 4/4-4/6 and 4/11-4/13)

Times: 8:30am - 4:30pm

Instructors:

Tessy Brungardt & Jan Sultan

Cost:

\$7,352 + \$75 fee
(\$300 deposit + 7 monthly payments of \$1,018.14 beginning September 15, 2024)

Housing Info:

Check AirBnB or contact Mary Contreras for the recent Housing List.

March 10, 2025
- August 28, 2025

Advanced Training 2025- ERA
Part 1- Chieming, Germany
Part 2- Munich, Germany
Chieming & Munich,
9am-5.30pm, last day 9am-4.30pm
Martina Berger, +49-89-543 706 41
martina.berger@rolfing.org
Advanced Training 2025- ERA

April 14, 2025
- June 26, 2025

AT1.25 Advanced Training
09:00 AM - 06:00 PM PST
Mary Contreras, 3034495903
mcontreras@rolf.org

Dates/Times:

*Part 1 / April 14 - May 1, 2025
(off 4/18-4/20 and 4/25-4/27)*

*Part 2 / June 9 - June 16, 2025
(off 6/13-6/15 and 6/20-6/22)*

Times: 9:00am - 6:00pm (90 minute lunch)

Instructors:

Russell Stolzoff & Kevin McCoy

Cost:

*\$7,573 + \$75 fee
(\$300 deposit + 8 monthly payments of \$918.50 beginning August 1, 2024)*

Housing Info:

Check AirBnB.