Dr. Ida Rolf Institute 5055 Chaparral Court, Suite 103 Boulder, CO 80301 303-449-5903 membership@rolf.org

# **Calendar of Events**

January 11, 2025 Thematic Neck Work in the Series and Session 7

- January 13, 2025 1786 Century Blvd

Atlanta , GA 30345

08:30 AM - 05:30 PM MST Mary Contreras, 3034495903

mcontreras@rolf.org

January 20, 2025 Embodying Rolf's Structural Integration Recipe

- February 27, 2025 Online via Zoom and Canvas

04:00 PM - 06:30 PM PST Per Haaland, 831-479-9565 perhaaland@baymoon.com

January 21, 2025 **Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute

slot to address the Board.

January 23, 2025 Manual Therapy for Pulmonary Rehabilitation

- January 26, 2025 **880 Nantucket Ave** 

Eugene, OR 97404

09:00 AM - 06:00 PM PST

Jeffrey Burch,

jeffrey@jeffreyburch.com

January 25, 2025 **Deepening the Rolfing Ten-Series?** 

- January 26, 2025 Dr. Ida Rolf Institute
Dr. Ida Rolf Institute

Boulder, CO 80301

08:30 AM - 05:30 PM MST Mary Contreras, 3034495903

mcontreras@rolf.org

February 6, 2025 Assessment and Treatment of Fibrosities Associated with Synovial Membranes. (Joint Capsu

- February 9, 2025 **4235 Piedmont Ave** 

Oakland, CA 94611

09:00 AM - 06:00 PM PST

Jeffrey Burch,

jeffrey@jeffreyburch.com

February 7, 2025 - February 9, 2025 Pelvic Girdle and Legs: Structural Aging by Valerie Berg/The Structural Patterns that Age Us.

Dr. Ida Rolf Institute

5055 Chaparral Ct, Ste 103

Boulder, CO 80301

09:00 AM - 06:00 PM MST Mary Contreras, 3034495903

mcontreras@rolf.org

February 18, 2025

**Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

March 10, 2025 - October 10, 2025 Rolfing Certification Program - P1.25 (UA1.25-UB1.25-UC3.25)

Dr. Ida Rolf Institute

5055 Chaparral Court, Suite 103

Boulder, Co 80301

08:30 AM - 06:00 PM MST Admissions, 303-449-5903 admissions@rolf.org

UA1.25, Phase I: Foundations of Rolfing® Structural Integration

Dates: March 10th to April 22nd, 2025

\*Dates if transferring in hours: March 31st to April 22, 2025

Instructor(s): Anderson/Muth

\*Classes starting are contingent on a minimum of 12 enrollments. Start and end dates are subject to change.

\*\*Please verify dates with Admissions before making non-refundable travel arrangements.

This is phase 1 of 3. Students must register for the full program (three phases) to be accepted. Click the Program Page link on the left to view the full program schedule.

March 10, 2025 - August 28, 2025 Advanced Training 2025- ERA

Dr. Ida Rolf Institute Europe

Saarstraße 5 Munich, 80797

9am-5.30pm, last day 9am-4.30pm Martina Berger, +49-89-543 706 41 martina.berger@rolfing.org

March 14, 2025 - July 30, 2026

Rolfing® SI Certification Training 2025-2026

Dr. Ida Rolf Institute- Europe Dr. Ida Rolf Institute- Europe

Munich, 80797

09:00 AM - 06:00 PM MEA Martina Berger, +49-89-54370941 martina.berger@rolfing.org March 15, 2025 - May 17, 2025 **BodyFlow: Movement Companion to the 10-Series** 

Online via Zoom

01:00 PM - 02:00 PM EST

Jennifer Hayes,

therolfingstudio@gmail.com

See below

March 18, 2025

**Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

March 20, 2025 - March 23, 2025 Joint Capsules, Bursas & Tendons Assessment and Treatment of Fibrosities Associated with

Dr. Ida Rolf Institute

**5055 CHAPARRAL CT STE 103** 

Boulder, CO 80301

09:00 AM - 06:00 PM MST Jeffrey Burch, 3034495903

info@rolf.org

March 24, 2025 - March 27, 2025 Seeing centering in Hara, integration with Ma: A four-day workshop with Hiroyoshi Tahata

Dr. Ida Rolf Institute

5055 Chaparral Ct, Ste 103

Boulder, CO 80301

09:00 AM - 06:00 PM MST Mary Contreras, 3034495903 mcontreras@rolf.org

April 4, 2025 - April 6, 2025 Shoulder Girdle, Arms, Axial Relationships

Dr. Ida Rolf Institute 5055 Chaparral Ct, Ste 103

Boulder, CO 80301

08:30 AM - 05:30 PM MST Mary Contreras, 3034495903

mcontreras@rolf.org

April 8, 2025 - July 11, 2025 **JRA Advanced Training 2025** 

Lutheran Ichigaya Center Lutheran Ichigaya Center Shinjuku, To 162-0842 10:00 AM - 06:00 PM JAP Toshikazu Gamaike, info@rolfing-jinen.com

April 14, 2025 - June 26, 2025 Advanced Rolfing® Certification

09:00 AM - 06:00 PM PST Mary Contreras, 3034495903

mcontreras@rolf.org

April 15, 2025

**Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute

slot to address the Board.

April 19, 2025 - April 21, 2025 Spinal Biomechanics
Dr. Ida Rolf Institute

5055 Chaparral Ct, Ste 103

Boulder, CO 80301

09:00 AM - 06:00 PM MST Mary Contreras, 3034495903

mcontreras@rolf.org

May 5, 2025 - June 21, 2025 Rolfing Program Phase I
The Healing Connections

10548-115 Street Edmonton, AI T5H 3K6 08:00 AM - 05:30 PM MST Kathleen Coulombe,

education@rolfingcanada.org

May 7, 2025 - May 18, 2025 Rolf Movement® Training, Part 1: Functional Embodiment of the 10 Rolfing® Sessions - 20

Dr. Ida Rolf Institute Europe

Saarstraße 5 Munich, 80797

9am to 6pm, with the last day from 9am to 4:30pm

Martina Berger,

martina.berger@rolfing.org

May 15, 2025 - May 18, 2025 Integration in the Rolfing Ten-Series?

**Claymont Seminars and Retreats** 

667 Huyett Rd

Charles Town, WV 25414

09:00 AM - 06:00 PM EST Mary Contreras, 3034495903

mcontreras@rolf.org

Course Number:

CER5.25

Instructor(s):

Neal Anderson & Ellen Freed

May 20, 2025

## **Board of Director's Meeting**

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

June 17, 2025

## **Board of Director's Meeting**

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

July 15, 2025

#### **Board of Director's Meeting**

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

August 4, 2025 - March 6, 2026 Rolfing Certification Program - P2.25 (UA2.25-UB2.25-UC1.26)

Dr. Ida Rolf Institute

5055 Chaparral Court, Suite 103

Boulder, Co 80301

08:30 AM - 06:00 PM MST Admissions, 303-449-5903 admissions@rolf.org

UA2.25, Phase I: Foundations of Rolfing® Structural Integration

Dates: August 4th to September 18th, 2025

\*Dates if transferring in hours: August 25th to September 18th, 2025

Instructor(s): Neal Anderson & Nobuko Muth

\*Classes starting are contingent on a minimum of 12 enrollments. Start and end dates are subject to change.

\*\*Please verify dates with Admissions before making non-refundable travel arrangements.

This is phase 1 of 3. Students must register for the full program (three phases) to be accepted. Click the Program Page link on the left to view the full program schedule.

August 19, 2025

# **Board of Director's Meeting**

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

September 16, 2025

## **Board of Director's Meeting**

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

September 22, 2025 - September 25, 2025 Translation of the Rolfing Ten-Series Recipe? into Movement for Core Sessions

Dr. Ida Rolf Institute

5055 Chaparral Ct, Ste 103

Boulder, CO 80301

09:00 AM - 06:00 PM MST Mary Contreras, 3034495903

mcontreras@rolf.org

October 8, 2025

Rolf Movement® Training, Part 2: Introduction to Leading Rolf Movement Groups - 2025 - October 19, 2025

Dr. Ida Rolf Institute Europe

Saarstraße 5

Munich, 80797 9am to 6pm, with the last day from 9am to 4:30pm

Martina Berger,

martina.berger@rolfing.org

October 20, 2025

- February 19, 2026

Advanced Rolfing® Certification

Dr. Ida Rolf Institute 5055 Chaparral Ct

Boulder, CO 80301

09:00 AM - 05:00 PM MST Mary Contreras, 3034495903 mcontreras@rolf.org

October 21, 2025

**Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

November 18, 2025

**Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

December 16, 2025

**Board of Director's Meeting** 

Dr. Ida Rolf Institute

12:00 PM - 01:30 PM MST

Libby Eason,

bodfaculty2rep@rolf.org

Join us, every third Tuesday of the month at 12:00pm MT.

RSVP to Libby Eason at least three days prior if you would like to have a three-minute slot to address the Board.

February 11, 2026 - February 22, 2026 Rolf Movement® Training, Part 3: Strategy and Design of a Rolf Movement 3-Series - 2025

Dr. Ida Rolf Institute Europe

Saarstraße 5 Munich, 80797

9am to 6pm, with the last day from 9am to 4:30pm

Martina Berger,

martina.berger@rolfing.org

March 16, 2026 - October 16, 2026 Rolfing Certification Program - P1.26 (UA1.26-UB1.26-UC2.26)

Dr. Ida Rolf Institute

5055 Chaparral Court, Suite 103

Boulder, Co 80301

08:30 AM - 06:00 PM MST Admissions, 303-449-5903 admissions@rolf.org

UA1.26, Phase I: Foundations of Rolfing® Structural Integration

Dates: March 16th to April 30th, 2026

\*Dates if transferring in hours: April 6th to April 30th, 2026

Instructor(s): TBD

\*Classes starting are contingent on a minimum of 12 enrollments. Start and end dates are subject to change.

\*\*Please verify dates with Admissions before making non-refundable travel arrangements.

This is phase 1 of 3. Students must register for the full program (three phases) to be accepted. Click the Program Page link on the left to view the full program schedule.

August 10, 2026 - March 5, 2027 Rolfing Certification Program - P2.26 (UA2.26-UB2.26-UC1.27)

Dr. Ida Rolf Institute

5055 Chaparral Court, Suite 103

Boulder, Co 80301

08:30 AM - 06:00 PM MST Admissions, 303-449-5903

admissions@rolf.org

UA2.26, Phase I: Foundations of Rolfing® Structural Integration

Dates: August 10th to September 24th, 2026

\*Dates if transferring in hours: August 31st to September 24th, 2026

Instructor(s): TBD

\*Classes starting are contingent on a minimum of 12 enrollments. Start and end dates are subject to change.

\*\*Please verify dates with Admissions before making non-refundable travel arrangements.

This is phase 1 of 3. Students must register for the full program (three phases) to be accepted. Click the Program Page link on the left to view the full program schedule.

# Coming Soon

The Intersubjective Field of Healing - Going Beyond Technique Fort Marcy Hotel and Suites 321 Kearney Ave Santa Fe, NM 87501 09:00 AM - 05:30 PM MST Jill Gerber, 505-670-9724 jillgerber4@gmail.com

| Dates/Times:  |
|---|
| This class is being rescheduled and dates are TBD   |
| Instructor(s):  |
| William Smythe, M.A., Certified Advanced Rolfer™  |
| Cost:   |
| \$600 unless paid in full before July 21, 2020, then \$525.<br>\$200 non-refundable deposit required to reserve your space. |
| CE credits:   |
| 3 DIRI Elective Credits<br>(certificates issued by the Instructor)  |
| Registration and Housing Info:  |
| Email bill@billsmythe.com to register, or contact Jill Gerber (505) 670-9724  |
| If you would like to inquire about renting a condo at Ft. Marcy the contact   |

If you would like to inquire about renting a condo at Ft. Marcy the contact information is below. Generally they give a discount for students who want to stay there, depending on availability.

Natalie Hamilton, Guest Care Manager phone: (505) 988-2800 | fax: (505) 984-1965 320 Artist Road | Santa Fe, NM 87501 Allseasonsresortlodging.com

VRBO and AirBnB have a large presence. Location is 1/2 mile from the Plaza where many lovely independent hotels are located.